



OLYMPIC COUNCIL OF ASIA

7th June 2016

Sheikh Abdulla Bin Rashid AL-KHALIFA

President,

Asian Federation of Bodybuilding & Fitness

agsafbf@gmail.com

Dear Mr. President,

Please accept the best greetings of the OCA and as you are aware the sport of Bodybuilding has been included as a competition sport in the forthcoming Asian Beach Games to be held in Danang, Vietnam from 24th September to 3rd October 2016.

In order to avoid any doping incidents during the Games as per the strict protocol of WADA the OCA will be following exactly the same procedure as done during the Phuket Asian Beach Games for the sport of Bodybuilding, which is:

1. Each participating athlete in body building has to submit a report from a WADA accredited laboratory on a specimen taken from the athlete by an authorised anti-doping agency/ official one month before the start of the games. This report should reach the organising committee at least one week before the start of the games. Only those with negative results will be allowed to participate. This testing is to be at the cost of the country concerned
2. The athlete should arrive four days before the start of the games. The organising committee will arrange for another sample to be collected and sent to the contracted WADA laboratory and only those with returning negative results will be allowed to start the competition. All the costs associated with this exercise including collection, courier and testing fees have to be paid for by the Asian body building federation or the concerned athlete. The organizing Committee will not incur any cost on this testing.

I would appreciate if you could kindly convey this information to all your affiliated federations as well as the athletes, so that there is no confusion at a later stage.

I look forward to a positive confirmation your end.

With kind regards
Yours sincerely

A handwritten signature in blue ink, consisting of a vertical line on the left, a horizontal line extending to the right, and a curved line above the horizontal one.

Husain Al-Musallam
Director General OCA

C.C: *DABGOC*
Chairman, OCA Medical and Anti-Doping Committee

